



GET INVOLVED

Become the Adventurer

Welcome to our tribe!

At the Ignite Yoga Foundation, we believe the best way for our initiatives to succeed is for the community to actively get involved. Volunteering is an easy and efficient way of contributing to the great work we do for people in need. We feel honored that you would want to become involved with our mission, vision, and programs that actively benefit the community.

We are a non-profit organization that provides yoga programs and scholarships to demographics in need. We believe yoga should be accessible to all individuals. Our organization works to ensure those in need can gain resources to teach, take classes, and give back to ensure our community continually has the opportunity to promote total body wellness!

We are dedicated to providing programs for Military, Children, and Hospitals:

Military: service members, veterans, and their families

Our military programs provide Annual Online Subscriptions, Mental Health Workshops, Mental Health Trainings, 6-month In-Studio Scholarship, and YTT (Yoga Teacher Training) Scholarships

Hospitals: first responders, patients, and patient family members

Community hospitals are supplied with Mental Health equipment and workshops, Mental Health Trainings, and Annual Online Subscriptions

Children: Title 1 schools, teachers, and parents

Our kid's programs include Elementary and Middle Afterschool Programs, as well as Kids YTT (Yoga Teacher Training) scholarships

VOLUNTEER ROLES

Ignite Yoga Podcast Channel Host

We are excited to evolve the wellness and yoga technique of our community with an educational podcast. This is a platform where everyone has a voice. We are looking for creative individuals to discuss and interview others with a wide range of mindfulness ideas and styles. We are grateful for your support to help facilitate this content that lasts an hour long. You can choose the amount of times to contribute to the podcast and we are honored to have your wisdom, mindfulness, and generosity.

Studio Cleanliness

With COVID-19 on the rise, frequent deep-cleans at Ignite Yoga studios has become vital for our programs to continue. We want to ensure that all who participate are healthy and safe during our wellness classes. We are grateful for any additional support that will align with state mandated guidelines of cleanliness. All contributions to help beautify and maintain the spotless state of the studio with deep cleaning once to twice a week for an hour is appreciated.

****Volunteer roles may change per quarter, depending on need****